

I am capable and strong

I can handle anything  
that comes my way







I radiate positivity, joy,  
and love.



Every day, I am  
becoming a better  
version of myself





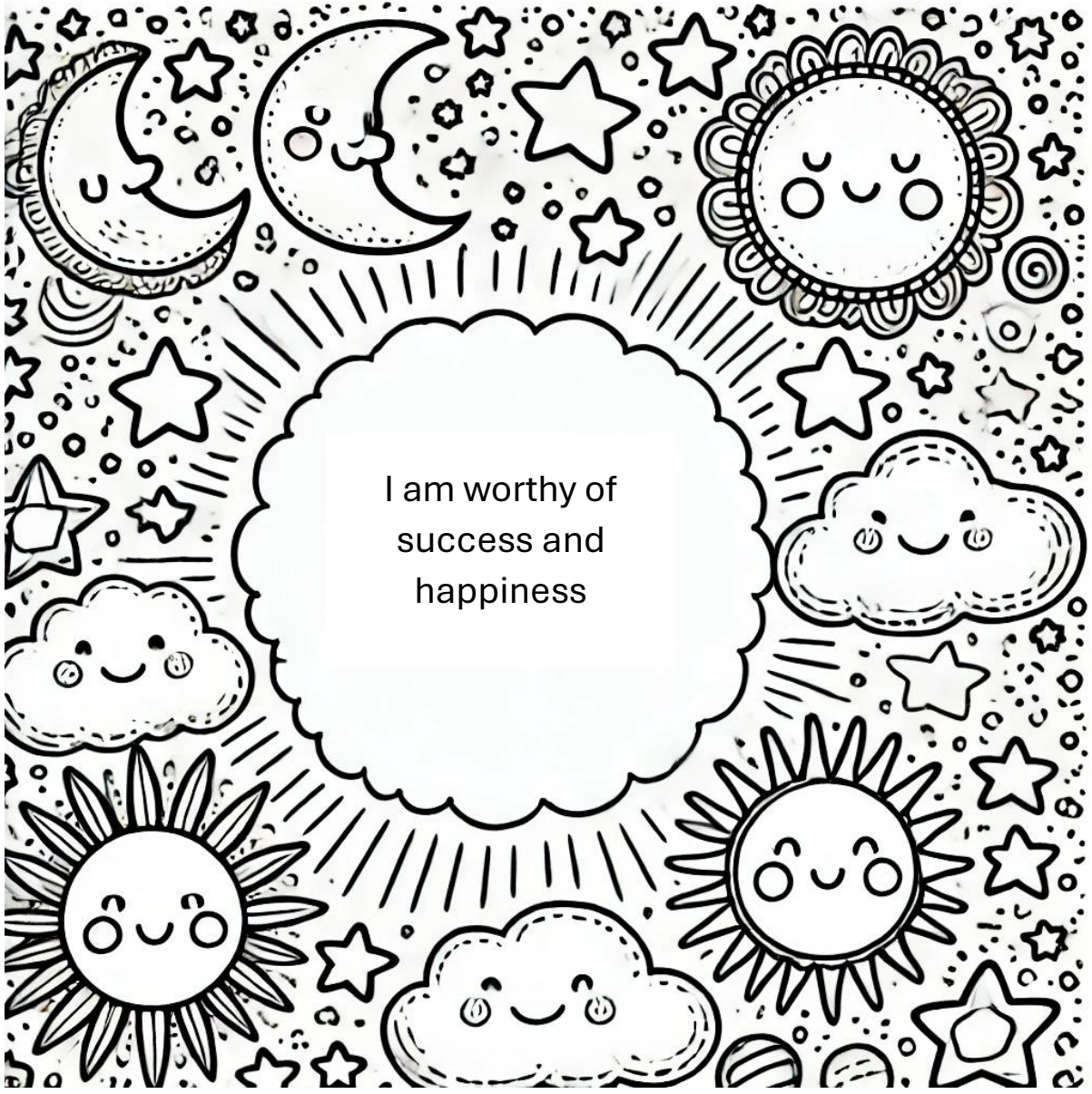
I am in charge of  
how I feel today,  
and I choose  
happiness



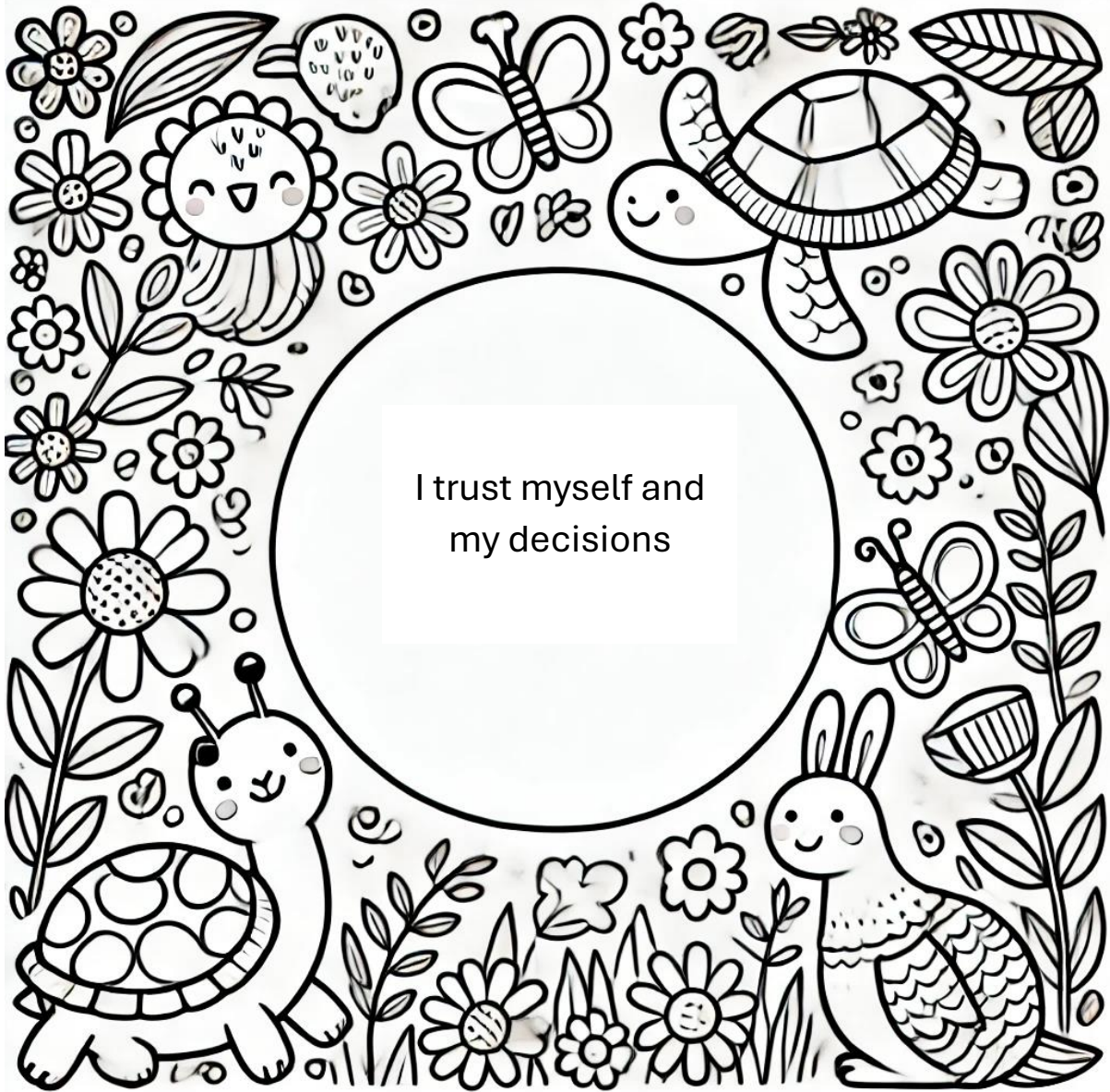
I am proud of all  
that I have  
achieved and all I  
will accomplish

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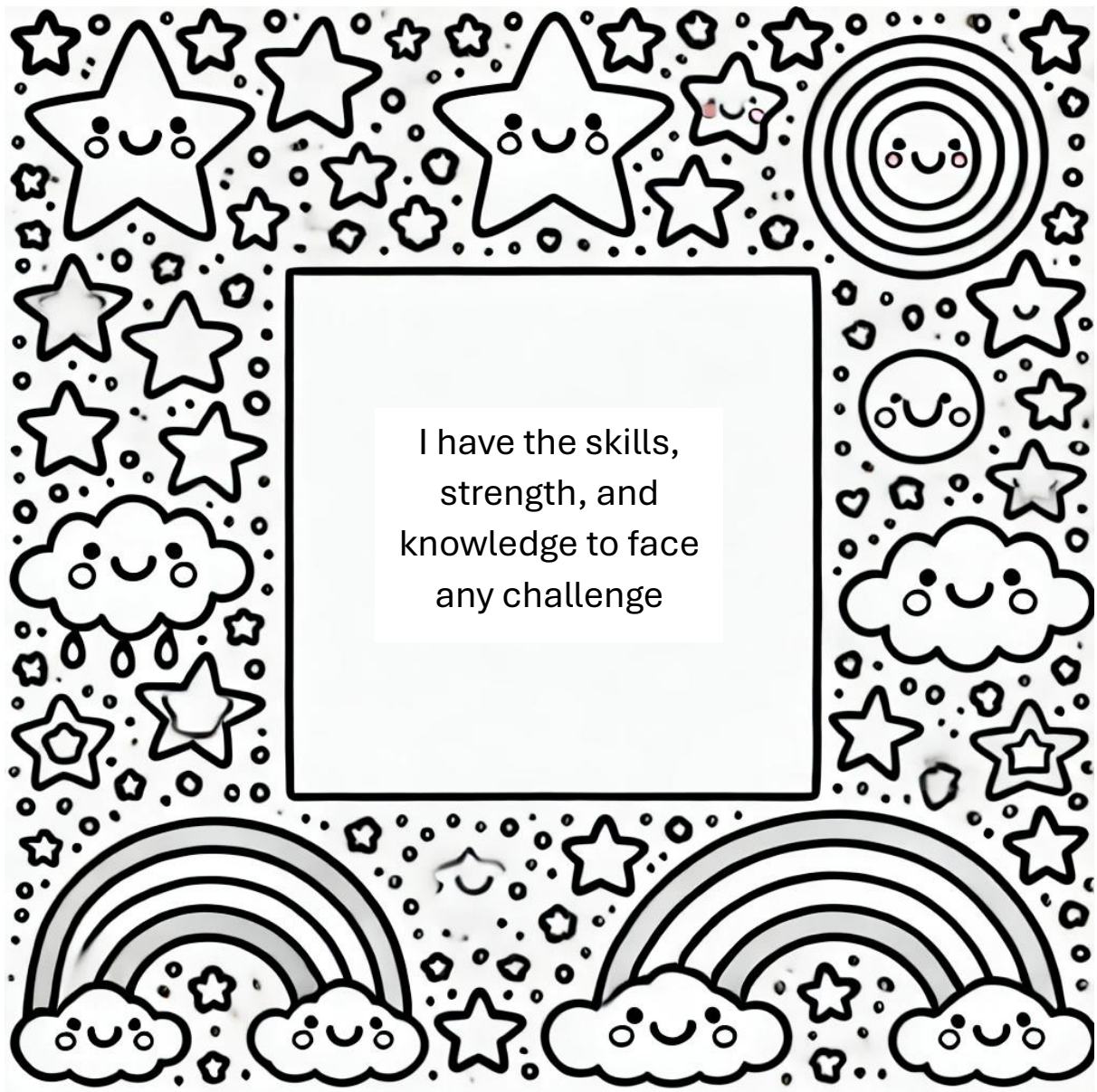


I am worthy of  
success and  
happiness



I trust myself and  
my decisions



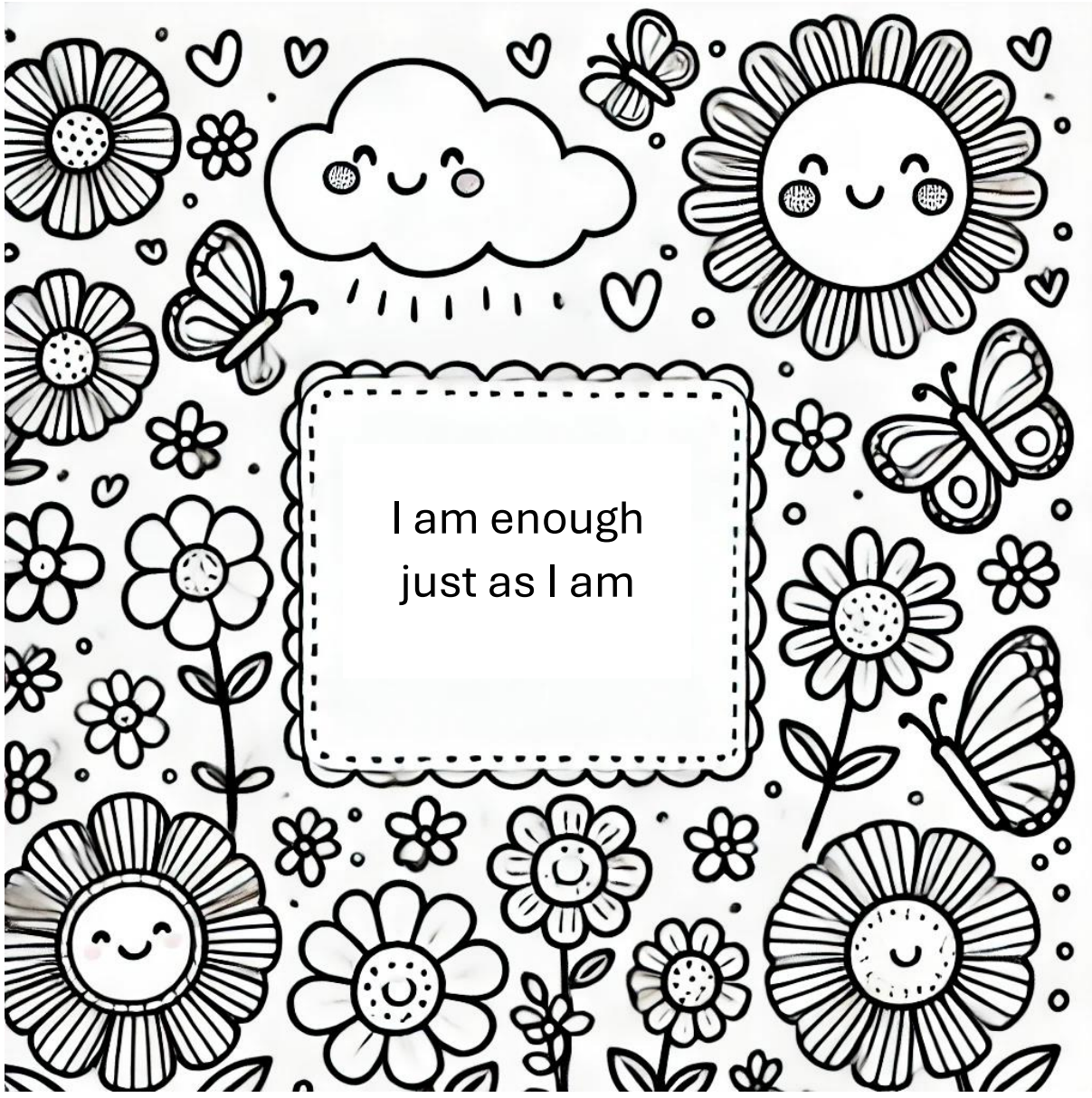


I have the skills,  
strength, and  
knowledge to face  
any challenge





I am confident  
in my ability to  
succeed



I am enough  
just as I am